

RUN—HIDE—FIGHT

are your options for defending against any active threat.

An Active Threat is anything happening near you that can harm you.

Quickly determine the best way to protect yourself.

Active Threats

- Active Threats can be caused by people or nature

People

- Violence
- Fires
- Accidents
- Explosions
- HAZMAT Releases

Nature

- Lightning
- Tornados
- High Winds
- Hurricanes
- Floods

RUN Get out, if you can get out safely

HIDE Hide if you cannot get out safely

FIGHT Fight the threat, as a last resort,
when your life is in imminent danger

What to Do When You Run EVACUATE

Get Out, If You Can Get Out Safely

- **Run from Violence**
 - Leave your belongings behind
 - Get out even if others do not agree to follow
 - Help others needing help to escape
 - Tell others you see about the threat
 - Prevent people from entering area
 - Follow instructions from first responders
 - Do not attempt to move wounded people
 - Call 9-1-1 when you are safe

- **Run From Fire**
 - Grab your keys and prescription medication(s)—leave everything else behind
 - Once fire alarm activated or you see fire, yell “FIRE” to alert others inside building
 - Tell others you see about the threat
 - If there is smoke crawl to exit
 - Check exit for heat with back of hand
 - If no heat stay low and exit structure thru primary exit route
 - Never use the elevator during a high-rise fire
 - Never return inside for any reason (occupants, documents, personal belongings)
 - Tell fire fighters if anyone is inside and last known location

What to Do When You Hide

SHELTER

Hide If You Cannot Get Out Safely

- **Purpose**
 - Protect you from gunfire until law enforcement arrives
 - Protect you from flames until fire fighters reach you
 - Protect you from hazardous materials until area is safe
 - Protect you from high winds and flying debris until tornado passes
- **Best Shelter**
 - Does not contain additional/other threats
 - Fully enclosed (lockable doors, no windows)
 - Surrounded hard barriers (concrete, steel, hard wood)
 - Least amount of soft structures
 - Resistant to fire, high winds, and projectiles
 - Out of attacker's view
- **Hide From Violence**
 - Lock the door
 - Block the door with heavy furniture
 - Silence your cell phone and / or pager
 - Turn off any source of noise (i.e., radios, televisions)
 - Hide behind large items (i.e., cabinets, desks)
 - Remain quiet
 - Dial 9-1-1, if possible, to alert police to the active shooter's location
 - If you cannot speak, leave the line open and allow the dispatcher to listen
- **Hide From Fire**
 - If on upper levels alert firefighters and bystanders with sheet, towel or clothing and yell for Help
 - Stay in front of window or by wall as this is where firefighters will search first

Fight As a Last Resort

DEFEND

Fight the Threat, As a Last Resort, When Your Life is In Imminent Danger

- **Against Violence**
 - Act as aggressively as possible against the threat
 - Throw items and improvising weapons
 - Yell
 - Swarm
 - Commit to your actions

- **Against Fire**
 - Never fight a fire bigger than yourself
 - Sound alarm (pull station, verbal)
 - Call 911 fire department (even if you think fire can be brought under control)
 - Evaluate fire size (if larger than yourself close door if able and evacuate)
 - Keep your back to an exit at all times (never let fire get between you and an exit)
 - Keep 6 to 8 feet distance between you and fire
 - Use P.A.S.S. to operate extinguisher
 - P** **Pull** the pin
 - A** **Aim** at base of fire
 - S** **Squeeze** the handle
 - S** **Sweep** side-to-side