



Liveandworkwell.com

At liveandworkwell.com, you can find the tools you need to face everything life may hand you. It's available around the clock, from the convenience of your desk or the comfort of your home. You'll find confidential access to professional care, self-help programs and information.

Explore how you can:

- Get personalized assistance for the big events in your life.
- Request information, resources and referrals to help balance work and personal needs.
- Get answers to questions about mental health and medical concerns to help you deal with stress, depression, anxiety and other conditions.

Easy Online Clinician Search

Liveandworkwell.com has the search tools to assist you. The Clinician Search offers a searchable list of our Behavioral Health clinicians and clinician groups. Narrow your selection by clinician name, location, specialty, medical group, ethnicity, language, gender, or area of expertise.

Personalized Claims and Coverage

Free up time spent on the phone. The secure Claims and Coverage section lets members view eligibility and benefits, track claim status and much more. Live Chat and secure messaging are available in case you need help.

**Contact us anytime you
need help with any of life's
concerns**

1-866-646-4873

or log on to
www.liveandworkwell.com
Access code: Travis

TDD/TTY: Dial 711 and enter the toll-free
number listed above.