



## Discover what's included.

We're making it easy to see exactly what's included in your UHC benefits. Check out these resources to get the support you need. That way, you can feel confident you're making the right decisions — for you and your family.

### Maternity Support

If you're thinking about having a baby or have one on the way, we're here to help. From helping you choose a doctor to managing your health, a maternity nurse can provide 1-on-1 guidance throughout your pregnancy and after you give birth.

You can easily access some of these services by calling the number on your health plan ID card.

### Spine and Joint Solution

Is back, knee or hip pain changing how you live your life? A dedicated orthopedic team can review your treatment options — if you choose surgery, the team can offer support before and after your procedure, so you can get back to doing what you love.

You can easily access some of these services by calling the number on your health plan ID card.

